

Parenting



RATE YOURSELF:

"Train up a child in the way they will go (How they are made, how God wired them, etc) and they will not depart from it." Proverbs 22:6

"Let's not get tired of doing good, because in time we'll have a harvest if we don't give up." Galatians 6:9

How would you rate yourself as a parent today? (Not compared to others- compared to your personal desires as a parent).

1 2 3 4 5 6 7 8 9 10

Where do you want this number to be in 3 months?

What are action steps you can take today to move one number up?

- Schedule a time to take this action step.
- Tell a friend what you plan to do and when you plan to do it.

How would you rate your marriage or other close relationships prior to parenting?

1 2 3 4 5 6 7 8 9 10

Where do you want this number to be in 3 months?

What are action steps you can take today to move one number up?

- Schedule a time to take this action step.
- Tell a friend what you plan to do and when you plan to do it.

VIDEO NOTES:

Did you relate to the speaker? How? Why not?

The speaker talked about expectations versus reality? How did this look for you as a parent? Specifically, what expectations were shattered when you became a parent.

Do you and your spouse (or co-parent) approach parenting differently? How so?

Did the speaker give any tips to help nurture your marriage or bring you and your spouse to the same page?

Did what the speaker had to say about attachment resonate with you as a parent? Do you see this in the lives of your children? Is this a new concept for you?

MENTOR CHALLENGE:

Do you know someone in the next season of parenting that might be willing to have coffee or dinner with you and give insight into your current season?

Reach out to this person by phone, email or text and invite them to sit down. Bring your questions and listen, listen, listen. This is a great way to improve your parenting experience, along with child relationship.

RESOURCE TAKEAWAY:

What is a book or podcast you can listen to in the next week to grow yourself? Take time to read together or both listen to the podcast to give content for you and your spouse to discuss together. This will help you both as parents, while nurturing your personal relationship.

ZOOM CALL NOTES:

Did anyone mention a resource you would like to share?