

INTENTIONAL MARRIAGES

INTRODUCTION WORKSHEET

- Does faith play a part in your marriage? Do you pray together? Is going to church important to you? Why or why not? How do you grow or nurture your spiritual relationship?
- Have you been to counseling? If yes, what was it like? If no, what is your position on counseling? Would you be open to establishing a relationship with a counselor?
- If counseling is not an option, would you consider establishing a relationship with a married couple you'd like to learn from, who is 10+ years ahead of you?
- Take one or all 3 of the assessments to gain more self-awareness.
 - <https://tests.enneagraminstitute.com/>
 - Compatibility with your spouse
 - <https://www.enneagraminstitute.com/the-enneagram-type-combinations>
 - <https://intentionalmarriages.net/break-free-unhealthy-thinking/>
 - <https://amzn.to/2QuJyd1>
- How often do you go on dates with each other? How can you be more intentional?